SHAC (Center for Student Health & Counseling at PSU) recommends that students make an appointment at least 6 - 8 weeks prior to program departure in order to have a review of their medical history and begin the recommended vaccine sequence. Some vaccine series require 6 months between doses to be fully immunized so making an appointment as early as possible is recommended. In most cases, students should expect a 40 minute appointment and should have a record of all prior immunization history with them for the appointment. PSU students enrolled in a minimum of 5 credits can visit SHAC and are eligible for services. When calling to make your appointment please ask about fees and other possible requirements.

SHAC can administer the following vaccines:

- Hepatitis A
- Hepatitis B
- Measles Mumps Rubella (MMR)
- Tetanus Diphtheria and Pertussis (Tdap)
- Tetanus

SHAC can provide a Tuberculosis Skin Test (PPD) if indicated. In addition, SHAC can also write prescriptions for other vaccines that are recommended by the CDC for your itinerary as well as prescriptions for malaria prophylaxis that can be filled at a local pharmacy. Please note that the pharmacy may charge their own consultation fee for filling/administering the vaccine/prescription that is in addition to the cost of the vaccine/prescription. Be sure to check with your individual insurance companies for guidance on what may or may not be covered.